BEFORE THE ARIZONA BOARD OF BEHAVIORAL HEALTH EXAMINERS

In the Matter of:

Cynthia G. Heath, LMFT-10073, Licensed Marriage Family Therapist In the State of Arizona. CASE NO. 2022-0004
CONSENT AGREEMENT

RESPONDENT

In the interest of a prompt and speedy settlement of the above captioned matter, consistent with the public interest, statutory requirements and responsibilities of the Arizona State Board of Behavioral Health Examiners ("Board"), and pursuant to A.R.S. §§ 32-3281(F) and 41-1092.07(F)(5), Cynthia G. Heath ("Respondent") and the Board enter into this Consent Agreement, Findings of Fact, Conclusions of Law and Order ("Consent Agreement") as a final disposition of this matter.

RECITALS

Respondent understands and agrees that:

- 1. Any record prepared in this matter, all investigative materials prepared or received by the Board concerning the allegations, and all related materials and exhibits may be retained in the Board's file pertaining to this matter.
- 2. Respondent has the right to a formal administrative hearing at which Respondent can present evidence and cross examine the State's witnesses. Respondent hereby irrevocably waives their right to such formal hearing concerning these allegations and irrevocably waives their right to any rehearing or judicial review relating to the allegations contained in this Consent Agreement.
- Respondent has the right to consult with an attorney prior to entering into this Consent Agreement.

- 4. Respondent acknowledges and agrees that upon signing this Consent Agreement and returning it to the Board's Executive Director, Respondent may not revoke their acceptance of this Consent Agreement or make any modifications to it. Any modification of this original document is ineffective and void unless mutually approved by the parties in writing.
- 5. The findings contained in the Findings of Fact portion of this Consent Agreement are conclusive evidence of the facts stated herein between only Respondent and the Board for the final disposition of this matter and may be used for purposes of determining sanctions in any future disciplinary matter.
- 6. This Consent Agreement is subject to the Board's approval, and will be effective only when the Board accepts it. In the event the Board in its discretion does not approve this Consent Agreement, this Consent Agreement is withdrawn and shall be of no evidentiary value, nor shall it be relied upon or introduced in any disciplinary action by any party hereto, except that Respondent agrees that should the Board reject this Consent Agreement and this case proceeds to hearing, Respondent shall assert no claim that the Board was prejudiced by its review and discussion of this document or of any records relating thereto.
- Agreement is solely to settle this Board matter and does not preclude the Board from instituting other proceedings as may be appropriate now or in the future. Furthermore, and notwithstanding any language in this Consent Agreement, this Consent Agreement does not preclude in any way any other state agency or officer or political subdivision of this state from instituting proceedings, investigating claims, or taking legal action as may be appropriate now or in the future relating to this matter or other matters concerning Respondent, including but not limited to violations of Arizona's Consumer Fraud Act. Respondent acknowledges that, other than with respect to the Board, this Consent Agreement makes no representations, implied or

otherwise, about the views or intended actions of any other state agency or officer or political subdivision of the state relating to this matter or other matters concerning Respondent.

- 8. Respondent understands that once the Board approves and signs this Consent Agreement, it is a public record that may be publicly disseminated as a formal action of the Board, and that it shall be reported as required by law to the National Practitioner Data Bank.
- 9. Respondent further understands that any violation of this Consent Agreement constitutes unprofessional conduct pursuant to A.R.S. § 32-3251(16)(n) and may result in disciplinary action pursuant to A.R.S. § 32-3281.
- 10. The Board therefore retains jurisdiction over Respondent and may initiate disciplinary action against Respondent if it determines that they have failed to comply with the terms of this Consent Agreement or of the practice act.

The Board issues the following Findings of Fact, Conclusions of Law and Order:

FINDINGS OF FACT

- Respondent is the holder of License No. LMFT-10073 for the practice of Marriage and Family Therapy in the State of Arizona.
- 2. In 07/21, the Board received a complaint alleging Respondent engaged in unprofessional conduct.
- 3 Upon review of the complaint and records, Respondent treated a minor client ("Client") from 12/09 06/10, 12/15 01/16, and again from 01/18 07/18.
- Respondent's 12/09 informed consent document was missing several minimum
 Board requirements.
- Respondent's 12/15 informed consent document was also missing several minimum Board requirements.
- 6. In 12/09, Respondent developed a hand-written treatment plan which failed to include a number of minimum Board requirements.

- 7. In 12/15, Respondent failed to develop a new treatment plan when reinitiating services with Client.
- 8. In 01/18, Respondent developed a new treatment plans which appeared to meet Board requirements, but when the review of the treatment plan occurred, Respondent failed to obtain the dated signature of Respondent.
 - 9. Client's clinical record also included two separate letters written by Respondent.
- 10. A 05/12/10 letter written by Respondent indicated Respondent encouraged the court to grant Complainant's request to terminate the father's rights.
- 11. A 05/20/18 letter written by Respondent indicated Respondent recommended Client finish school in a home bound program.
- Respondent provided opinions within these two letters outside of her training and experience.

CONCLUSIONS OF LAW

- 1. The Board has jurisdiction over Respondent pursuant to A.R.S. § 32-3251 et seq. and the rules promulgated by the Board relating to Respondent's professional practice as a licensed behavioral health professional.
- 2. The conduct and circumstances described in the Findings of Fact constitute a violation of A.R.S. § 32-3251(16)(m), engaging or offering to engage as a licensee in activities that are not congruent with the licensee's professional education, training or experience.
- 3. The conduct and circumstances described in the Findings of Fact constitute a violation of A.R.S. § 32-3251(16)(p), failing to conform to minimum practice standards as developed by the board as it relates to:
 - A.A.C. R4-6-1101, Consent for Treatment
 - A.A.C. R4-6-1102, Treatment Plan
 - A.A.C. R4-6-1103, Client Record

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ORDER

Based upon the foregoing Findings of Fact and Conclusion of Law, the parties agree to the provision and penalties imposed as follows:

- As of the effective date of the Consent Agreement, Respondent shall not practice under their license.
 - 2. Respondent's license, LMFT-10073, shall by rule, expire on 09/30/22.
 - 3. Respondent agrees not to renew their license.
- 4. Respondent agrees not to submit any type of new license application to the Board for a minimum of five (5) years.
- 5. This Consent Agreement is conclusive evidence of the matters described herein and may be considered by the Board in determining appropriate sanctions in the event a subsequent violation occurs.

Practice Termination Plan

- 6. Within 14 days of the effective date of the Consent Agreement, Respondent shall submit a written plan for terminating their private practice for pre-approval by the Board Chair or designee. At a minimum, the proposed termination plan must include each of the following:
 - a. A written protocol for the secure storage, transfer and access of the clinical records of Respondent's clients and former clients.
 - b. The procedure by which Respondent shall notify each client and former client in a timely manner regarding the future location of the clinical records of Respondent's clients and former clients and how those records can be accessed after the termination of Respondent's practice.
 - c. A written protocol for developing an appropriate referral for continuation of care for Respondent's current clients.

2 services to each client. The timeframe for terminating services shall not 3 exceed 90 days from the date Respondent signs this Consent Agreement. 4 PROFESSIONAL ACCEPTS, SIGNS AND DATES THIS CONSENT AGREEMENT 5 CYNTHIA G HEATH

cynthia G HEATH (Apr 27, 2022 05:29 PDT) Apr 27, 2022 6 Cynthia G. Heath 7 8 **BOARD ACCEPTS, SIGNS AND DATES THIS CONSENT AGREEMENT** 9 May 17, 2022 Ву: 10 TOBI ZAVALA, Executive Director Date Arizona Board of Behavioral Health Examiners 11 May 17, 2022 12 **ORIGINAL** of the foregoing filed with: 13 Arizona Board of Behavioral Health Examiners 14 1740 West Adams Street, Suite 3600 Phoenix, AZ 85007 15 **EXECUTED COPY** of the foregoing sent electronically May 17, 2022 to: 16 to: 17 Mona Baskin **Assistant Attorney General** 18 2005 North Central Avenue Phoenix, AZ 85004 19 Cynthia G. Heath 20 Address of Record Respondent 21 Charles Hover 22 Renaud Cook Drury Mesaros, PA One North Central, Ste 900 23 Phoenix, AZ 85004 Attorney for Respondent 24

d. A list of Respondent's current clients and the timeframe for terminating

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