

REQUESTS FOR EXEMPTIONS FOR SUPERVISION MUST BE SUBMITTED WITH AN LAMFT OR LMFT APPLICATION.

I am requesting an exemption to the supervision rule according to Administrative Rule R-4-6-604 (E).

Supervisor's Name: _____

Credentials and state where credentials are held (degrees, licenses, etc.): _____

AAMFT Approved Supervisor: _____ Yes _____ No.

Signature of Applicant

Date

Please attach copies of your supervisor's graduate transcripts with course descriptions, curriculum vitae/resume, and proof of post-graduate MFT focus, such as CEUs/training in MFT, proof of compliance with A.A.C. R4-6-212(j) and supervision. If your supervisor is an approved supervisor by AAMFT, please attach verification of the AAMFT approval.

Please have your supervisor complete the following. Only graduate and post-graduate courses are accepted. Each course fulfills only one requirement. A course is defined as 3 semester credits or 4-quarter credits. All courses taken must be from regionally accredited universities or acceptable institutes.

| Category | Course # | Course name | Term/Year | # Credits (qtr/sem/tri) |
|---|----------|-------------|-----------|-------------------------|
| MARRIAGE & FAMILY STUDIES (3 courses minimum): Introductory systems theory, family development, family systems (marital, sibling, individual subsystems), special family issues, gender and cultural issues, all major focus from a systems theory orientation. | | | | |
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| MARRIAGE & FAMILY THERAPY (3 courses minimum): Advance systems theory/interventions, major systematic marriage/family treatment approaches (structural, strategic, neoanalytic [object relations], behavioral marriage/family therapy, communications, sex therapy, etc.) | | | | |
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| HUMAN DEVELOPMENT (3 courses minimum): Human development, (normal and abnormal), personality theory, human sexuality, psychopathology-abnormal behavior, which may be integrated with systems theory. | | | | |
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| PROFESSIONAL STUDIES (1 course minimum): Professional ethics as a therapist including legal/ethical responsibilities, family law, etc. | | | | |
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| RESEARCH (1 course minimum): Research course in marriage/family studies/therapy including research design, methodology, and statistics | | | | |
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| SUPERVISED CLINICAL PRACTICE: One year may be during graduate work: 15 hours per week, approximately 8-10 hours in direct clinical contact with individuals, couples, and families. Minimum of 300 client contact hours required. | | | | |
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