

Arizona

Board of Behavioral
Health Examiners

ISSUE 6/ OCTOBER 2023

NEWSLETTER

Staff Spotlight

I started with the Board in 2014. Throughout my time here, my position has changed to better serve our growing board. I'm currently the Credentialing Manager. Although this position is new to me and will bring new challenges, my hope is to continue to grow and expand my knowledge with any role. The Board has evolved in so many different ways. Under the direction of our current Executive Director, Tobi Zavala, we have worked with applicants and licensees to be more accessible and to provide as much knowledge to ensure that everyone understands the rules and requirements. Working with our licensees, Board Members, and this amazing team that strives to do their best, is what continues to motivate me.

Zuri De Lucio Silis
Credentialing Manager



 **FIND US ON FACEBOOK FOR BOARD
UPDATES, REMINDERS & FUN FACTS**


REMINDER

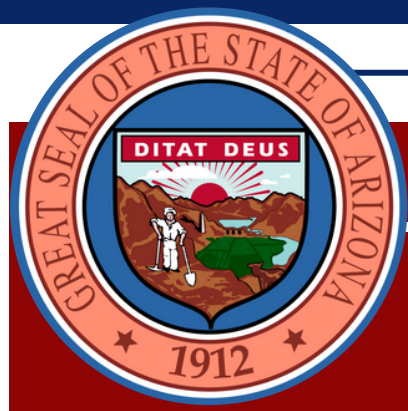


As an associate level licensee, you may not own and operate an entity unless you are approved for Supervised Private Practice.

See rule A.A.C. R4-6-211 for
Supervised Private Practice

**CHECK OUT OUR CHEAT
SHEETS ON THE BOARD'S
HOME PAGE FOR A
QUICK REFERENCE GUIDE
TO CLINICAL
DOCUMENTATION**





A WORD FROM OUR BOARD

Adalesa Meek, LPC, LISAC
Board Chairperson



Fellow Licensees:

It is with great honor that I introduced myself to all of you. I am the newly appointed Chairperson and I am humbled by the support from my colleagues on the Board. Throughout the years serving the Maricopa County mental health system, I feel grateful to have had the opportunity to support numerous clinicians during their licensing process. Seeing each clinician learn, grow and deliver professional and compassionate care, has given me a sense of peace to know that people in our communities would be well taken care of. During those years, I strived to stay up to date with Board rules and regulations to ensure supervisees' smooth applications process. By maintaining contact with the Board throughout my career as a licensee, I became aware of a time when colleagues faced challenges with the Board, but later noticed how those dissipated under current leadership. In late 2021, I became aware of a vacancy for a Board Member position and decided to apply. I was appointed to begin my term as a Board Member in early 2022. My decision to apply came from the work I saw the Board doing in the previous years. The Board took initiative and action in helping licensees in AZ better understand our rules, what it means to be licensed and the responsibilities placed upon us. I saw an active, involved and dedicated Board and I was excited to have the opportunity to join their mission. I believe in our professions and the benevolence of the licensees who dedicate themselves to the wellbeing of others. As a regulatory Board, we are entrusted to maintain standards of qualifications and practice in our disciplines. I believe that the Board's interest is to protect the people who seek behavioral health services from us, licensees, and that we are well informed and prepared for excellent service delivery.

** Please come visit us during a meeting and receive CEU's.



CONTACT US

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CLINICAL SUPERVISORS

Clinical supervisors must refrain from having a personal relationship with a supervisee as it impairs their ability to remain objective.